

**OPIOID SETTLEMENT FUND  
2024 FISCAL YEAR FINANCIAL REPORT**

**NOTE: PLEASE FIRST REVIEW THE ANNUAL REPORT'S [INSTRUCTION SHEET](#), DOWNLOAD AND SAVE THE FORM, THEN COMPLETE THIS FORM USING EITHER [ADOBE ACROBAT PRO](#) OR [READER](#)**

NAME OF ENTITY: \_\_\_\_\_

NAME & TITLE OF PERSON FILLING OUT REPORT: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

**Should all future opioid-related correspondence go to you?** Yes ☐ No ☐

NAME & TITLE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**INFORMATION ABOUT PAYMENTS THE SUBDIVISION RECEIVED** *(All information required)*

Funds balance at end of <b>FY 2023</b> (July 1, 2022-June 30, 2023):	\$
Settlement funds received in <b>FY 2024</b> (July 1, 2023-June 30, 2024):	\$
Settlement funds expended in <b>FY 2024</b> (July 1, 2023-June 30, 2024):	\$
Settlement funds balance at end of <b>FY 2024</b> (June 30, 2024):	\$

**DETAILS ABOUT FUNDS RECEIVED DURING THE FISCAL YEAR** *(All information required)*

Payment Date	Payment Amount	Source of Payment
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	

**Total Amount Received:** \$ \_\_\_\_\_

**INFORMATION ABOUT FUNDS EXPENDED ON APPROVED USES** ([EXHIBIT A](#)) *(All information required) (Please attach additional pages if needed)*

Approved Use Section	Approved Use Subsection	Payment Amount
		\$
		\$
		\$
		\$
		\$
		\$
		\$

**Total Amount Expended:** \$ \_\_\_\_\_

I uploaded copies of the subdivision's budget sections or resolution(s) that support the subdivision's disbursements. Yes ☐ No ☐

Add Attachments, *one at a time*: **ADD ATTACHMENT**

If "No," explain why the required documents are not attached:

---

I uploaded copies of other supporting records that the subdivision wants the Attorney General's Office and public to review. Yes ☐ No ☐

Add Attachments, *one at a time*: **ADD ATTACHMENT**

### **PUBLIC RECORDS ACT NOTICE**

This report and all uploaded documents are public records and will be published on the Attorney General's website at [ag.idaho.gov](http://ag.idaho.gov). The Attorney General also will provide a copy of the report and all uploaded documents to the opioid settlement administrator and anyone who submits a public record request.

### **ACKNOWLEDGEMENTS**

By typing my name below, I warrant that: (a) all information provided in this report is true and correct, (b) all opioid settlement funds expended by the subdivision were expended on approved uses as provided in [Exhibit A](#), and (c) I have the necessary authority to sign and submit this report on behalf of the subdivision.

**SIGNATURE** - *type name here*: \_\_\_\_\_

**DATE**: \_\_\_\_\_

**SUBMIT**

# VALLEY COUNTY CLAIM FORM

PO Box 1350  
Cascade, Idaho 83611-1350  
(208) 382-7100 FAX (208) 382-7107

Vendor # 01233

## PAY TO:

Name: ANEW LIFE COACHING

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

*This form must be filed with the Auditor by noon on the Wednesday prior to the Commissioner's meeting. Please attach itemized documentation.*

DATE	DESCRIPTION	AMOUNT
4/8/2024	OPIOD FUNDS - SWIMMING PROGRAM COLLABORATION	
TOTALS	(NOTE: All bills against the county are tax-exempt)	\$9,560.00

I, the undersigned, certify that the above items and amounts are true and correct, the items have been furnished and that no part of the same has been paid.

Claimant's Signature \_\_\_\_\_

Date: \_\_\_\_\_

DESCRIPTION	INVOICE OR REFERENCE NO.	FUND	DEPT.	ACCT.	SUB- ACCT.	AMOUNT
OPIOD FUND - SWIM PROGRAM	01	100	18	0599	0000	\$9,560.00
TOTAL:						\$9,560.00

Approved by Department Head:

X 

Date: \_\_\_\_\_

Valley County Board of Commissioners

Allowed: \$

Disallowed: \$

\_\_\_\_\_, Chairman; \_\_\_\_\_

## INVOICE

**Anew Life Coaching, LLC**  
PO Box 784  
McCall, ID 83638

anewlifecoachingllc@gmail.com  
208-315-2033  
anewlifecoaching.net



Valley County

**Bill to**

Valley County

219 N. Main St. P.O. Box 1350

Cascade, ID 83611

### Invoice details

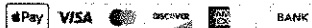
Invoice no.: 117

Invoice date: 04/01/2024

Due date: 05/01/2024

#	Date	Product or service	SKU	Qty	Rate	Amount
1.		<b>Valley County Opioid Funds</b> Opioid funds for Keep Swimming program in collaboration with Valley County Court Services. Exhibit A: Approved Opioid Abatement Strategies/Strategy D: Address the Needs of Criminal-Justice-Involved Persons/Section 1.			\$9,560.00	\$9,560.00
					<b>Total</b>	<b>\$9,560.00</b>

### Ways to pay



### Note to customer

Thank you for your business.

# VALLEY COUNTY CLAIM FORM

PO Box 1350  
Cascade, Idaho 83611-1350  
(208) 382-7100 FAX (208) 382-7107

Vendor # 116064

## PAY TO:

**Name:** Ignite Idaho Family Resource Center

**Mailing Address:** 106 Park St Suite 220

**City:** McCall

**State** ID

**Zip:** 83638

*This form must be filed with the Auditor by noon on the Wednesday prior to the Commisioner's meeting. Please attach itemized documentation.*

DATE	DESCRIPTION	AMOUNT
11/7/2023	Opioid Settlement Contribution	\$10,000.00
<b>TOTALS</b>	(NOTE: All bills against the county are tax-exempt)	\$10,000.00

I, the undersigned, certify that the above items and amounts are true and correct, the items have been furnished and that no part of the same has been paid.

Claimant's Signature \_\_\_\_\_

Date: \_\_\_\_\_

DESCRIPTION	INVOICE OR REFERENCE NO.	FUND	DEPT.	ACCT.	SUB- ACCT.	AMOUNT
Opioid Settlement Contribution	203	100	18	0549	0000	\$10,000.00
<b>TOTAL:</b>						\$10,000.00

Approved by Department Head:

X

Date: \_\_\_\_\_

Valley County Board of Commissioners

Allowed: \$

Disallowed: \$

\_\_\_\_\_, Chairman; \_\_\_\_\_

# Ignite Idaho Family Resource Center

106 Park St. Suite 220

McCall, Idaho 83638

(208)994-5537

Ignite Idaho Family Resource Center

## Invoice

**Submitted November 7, 2023**

### Invoice for

Valley County

Opioid Settlement Funds: Childcare

### Payable to

Ignite Idaho Family Resource Center

### Invoice #203

### Project

Support group for middle schoolers impacted by SUD in family/friendships/personally

### Due date

11/15/2023

Description	Qty	Unit price	Total price
Opioid Settlement Funds for Wellness Drop-Ins Now	1	\$10,000.00	\$10,000.00
Opioid Settlement Funds when Additional Money Comes In	1	\$5,000.00	\$5,000.00

Notes:

Subtotal **\$15,000.00**

Adjustments

**Total \$15,000.00**

100-18-0549-0000

motion to approve the letter of support for Donnelly Rural Fire Protect District. Commissioner Thompson seconded the motion. No further discussion, all in favor. Motion passed to approve the letter of support for Donnelly Rural Fire Protection District.

**Action Item:** Grant Writer, Kenzie Castor presented the Southwest RAC Grant Project Proposal and Recreation Director, Larry Laxson explained what the grant would be utilized for a snow groomer. Chairman Hasbrouck made a motion to approve the Southwest RAC Grant Project Proposal. Commissioner Maupin seconded. No further discussion, all in favor. Motion passed to approve the Southwest RAC Grant Project Proposal.

**Action Item:** Grant Writer, Kenzie Castor presented the outdoor recreation fund proposal for Boulder Road Recreation Area. She explained the grant application and Recreation Coordinator, Dave Bingaman provided further explanation about the grant application and the proposed project. Valley County has committed to \$65,000 of ARPA funds for a match and a C.U.P. would be completed. There was continued discussion regarding obtaining public comment. Commissioner Maupin made a motion to approve the outdoor recreation fund proposal. Commissioner Thompson seconded the motion. Chairman Hasbrouck had questions regarding the requirements for public comment and the process. Chief Deputy Prosecuting Attorney, Brian Oakey provided recommendations to the commissioners required the process that should be followed which included obtaining comments from the public. He provided further guidance to the commissioners regarding the possibility of conditional approval of the grant application. Commissioner Maupin amended her motion for conditional approval to allow for public comments to be presented at a future commissioner meeting. Commissioner Thompson seconded the motion. No further discussion, all in favor. Motion passed to amend the original motion to allow for public comments to be presented at a future commissioner meeting.

**Action Item:** Planning & Zoning Director, Cynda Herrick, presented the Shaw Family Ranch Final Plat and the development agreement. The commissioners had questions related to the surveys that were conducted. Planning & Zoning Director, Cynda Herrick provided a response. Mr. James Fronk also provided information to the commissioners. Commissioner Maupin made a motion to approve the final plat for Shaw Family Ranch (add into record actual language from Cynda) Commissioner Thompsons seconded the motion. No further discussion, all in favor. Motion passed.

**Action Item:** Chairman Hasbrouck called the next matter on the agenda which was the interviewing of Dr. Gregory Ferch for the Central District Health Board position. The commissioners conducted an interview with Dr. Gregory Ferch virtually and he responded to the questions that were asked. Commissioner Maupin made a motion to move forward with completing the ballot for the Central District Health Board position for Dr. Gregory Ferch. Commissioner Thompson seconded the motion. No further discussion, all in favor. Motion passed to move forward with completing the ballot for the Central District Health Board position for Dr. Gregory Ferch.

**Action Item:** Mrs. Traci Jamison with Ignite Idaho provided a presentation to the commissioners regarding the services that are offered and requested opioid funds to support the wrap around services that are offered. The commissioners had the opportunity to ask questions to Mrs. Jamison and she responded accordingly. Commissioner Maupin made a motion to approve an opioid contribution of \$10,000 with a commitment of another \$5,000 if additional opioid settlement funds are received. Commissioner Thompson seconded the motion. No further discussion, all in favor. Motion passed to approve an opioid settlement contribution to Ignite

Idaho in the amount of \$10,000.00 with a commitment of another \$5,000 if additional opioid settlement funds are received.

**Action Item:** Commissioner Thompson made a motion to approve the letter and agreement with the Upper Payette Water Association. Commissioner Maupin seconded the motion. No further discussion, all in favor. Motion passed to approve the letter and agreement with the Upper Payette Water Association.

**Action Item:** Commissioner Maupin made a motion to go into Executive Session per Idaho Code 74-206 1(c)-“To acquire an interest in real property not owned by a public agency.”-Acquisition Commissioner Thompson seconded the motion. No further discussion, by roll call vote all commissioners voted “aye”. The commissioners went into Executive Session per Idaho Code 74-206 1(c)-Acquisition at 10:25 a.m.

Chairman Hasbrouck brought the commissioners out of Executive Session per Idaho Code 74-206 1(c)-Acquisition at 11:16 a.m. Chairman Hasbrouck made a motion to proceed with acquisition of real property. Commissioner Maupin seconded the motion. No further discussion, all in favor. Motion passed to proceed with acquisition of real property.

Public Defender, Scott Erikson provided a presentation to the commissioners regarding the reporting requirements for the Public Defense Commission and he advised that he would be seeking out an expert for a criminal case that he was informing the commissioners that would cost around \$5,000.

Chairman Hasbrouck began the workshop to discuss the formal process for impact fees. Those in attendance were Building Director, Annette Derrick, Clerk, Douglas Miller, Planning & Zoning Director, Cynda Herrick.

The commissioners recessed for lunch at 11:50 a.m.

The commissioners returned from lunch at 1:00 p.m.

**Action Item:** Chairman Hasbrouck advised that the next matter the commissioners would be addressing would be for Garnet Valley, PUD 23-01, and CUP 23-10: Findings of Fact, Conclusions of Law, and Decision; and Development Agreement. Chief Deputy Prosecuting Attorney, Brian Oakey provided an overview of how the findings of facts were prepared based on the hearings that were conducted and explained the preparation of the development agreement. Mr. Heath Clark who was representing the developer was asked questions related to recycling services that were discussed in the findings of facts and development agreement in which he responded. The commissioners also had questions regarding the road access and the potential litigation that was occurring. Mr. Clark responded and Planning & Zoning Director, Cynda Herrick also responded related to the question. Commissioner Maupin voiced concern regarding the lease agreements that would be required and the monitoring of the requirement. Planning & Zoning Director, Cynda Herrick advised that the manager would need to report lease agreements to the Planning and Zoning Department. The commissioners discussed a roadway mitigation agreement and a separate agreement with Idaho Transportation Department. Commissioner Maupin made a motion to approve the findings of fact for Garnett Valley PUD 23-01 and CUP 23-10. Commissioner Thompson seconded the motion.

# VALLEY COUNTY CLAIM FORM

PO Box 1350  
Cascade, Idaho 83611-1350  
(208) 382-7100 FAX (208) 382-7107

Vendor # 110604

## PAY TO:

**Name:** Ignite Idaho Family Resource Center

**Mailing Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

*This form must be filed with the Auditor by noon on the Wednesday prior to the Commissioner's meeting. Please attach itemized documentation.*

DATE	DESCRIPTION	AMOUNT
3/21/2024	Committed Opioid Settlement Funds	\$5,000.00
<b>TOTALS</b>	(NOTE: All bills against the county are tax-exempt)	<b>\$5,000.00</b>

I, the undersigned, certify that the above items and amounts are true and correct, the items have been furnished and that no part of the same has been paid.

Claimant's Signature \_\_\_\_\_

Date: \_\_\_\_\_

DESCRIPTION	INVOICE OR REFERENCE NO.	FUND	DEPT.	ACCT.	SUB- ACCT.	AMOUNT
Committed Opioid Settlement Funds		100	18	549	0	\$5,000.00
<b>TOTAL:</b>						<b>\$5,000.00</b>

Approved by Department Head:

Board Order Claim

Date: \_\_\_\_\_

Valley County Board of Commissioners

Allowed: \$

Disallowed: \$

\_\_\_\_\_, Chairman; \_\_\_\_\_

# Ignite Idaho Family Resource Center

106 Park St. Suite 220  
McCall, Idaho 83638  
(208)994-5537  
[Ignite Idaho Family Resource Center](#)

## Invoice

March 5, 2024

**Invoice for**

Valley County  
Opioid Settlement Funds: Childcare

**Payable to**

Ignite Idaho Family  
Resource Center

**Invoice #205**

**Project**

Funding for drop-in  
wellness childcare  
program for youth and  
families

**Due date**

4/1/2024

Description	Qty	Unit price	Total price
Remaining Portion of Opioid Settlement Funds when Additional Money Comes In	1	\$5,000.00	\$5,000.00

Notes:

Subtotal **\$5,000.00**

Adjustments

**Total \$5,000.00**

***Thank you for your support***

Commissioner Thompson seconded the motion. No further discussion, all in favor. Motion passed to move forward with completing the ballot for the Central District Health Board position for Dr. Gregory Ferch.

**Action Item:** Mrs. Traci Jamison with Ignite Idaho provided a presentation to the commissioners regarding the services that are offered and requested opioid funds to support the wrap around services that are offered. The commissioners had the opportunity to ask questions to Mrs. Jamison and she responded accordingly. Commission Maupin made a motion to approve an opioid contribution of \$10,000 with a commitment of another \$5,000 if additional opioid settlement funds are received. Commissioner Thompson seconded the motion. No further discussion, all in favor. Motion passed to approve an opioid settlement contribution to Ignite Idaho in the amount of \$10,000.00 with a commitment of another \$5,000 if additional opioid settlement funds are received.

**Action Item:** Commissioner Thompson made a motion to approve the letter and agreement with the Upper Payette Water Association. Commissioner Maupin seconded the motion. No further discussion, all in favor. Motion passed to approve the letter and agreement with the Upper Payette Water Association.

**Action Item:** Commissioner Maupin made a motion to go into Executive Session per Idaho Code 74-206 1(c)-“To acquire an interest in real property not owned by a public agency.”-Acquisition Commissioner Thompson seconded the motion. No further discussion, by roll call vote all commissioners voted “aye”. The commissioners went into Executive Session per Idaho Code 74-206 1(c)-Acquisition at 10:25 a.m.

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Chairman Hasbrouck began the workshop to discuss the formal process for impact fees. Those in attendance were Building Director, Annette Derrick, Clerk, Douglas Miller and Planning & Zoning Director, Cynda Herrick.

The commissioners recessed for lunch at 11:50 a.m.

The commissioners returned from lunch at 1:00 p.m.

**Action Item:** Chairman Hasbrouck advised that the next matter the commissioners would be addressing would be for Garnet Valley, PUD 23-01, and CUP 23-10: Findings of Fact, Conclusions of Law, and Decision; and Development Agreement. Chief Deputy Prosecuting Attorney, Brian Oakey provided an overview of how the findings of facts were prepared based on the hearings that were conducted and explained the preparation of the development



**Vision**

We envision a community where individuals thrive, develop resiliency, and live abundantly

**Mission**

We will mobilize community strengths to empower the physical and mental health and well-being of youth and families through innovative initiatives in Valley County

**Values**

Collaboration | Compassion | Excellence | Inclusiveness | Adventurous

October 16, 2023

Re: Opioid Settlement Funds Letter of Support

Traci Jamieson  
Ignite Idaho Executive Director  
106 E. Park Street, Suite 220  
McCall, Idaho 83638

Dear Traci,

The Valley County Opioid Response Project (VCORP) Consortium met on October 13, 2023, and reviewed your request for a letter of support for your application to the Valley County Board of Commissioners for a total of \$15,000 in Opioid Settlements funds to enhance your drop-in wellness childcare and wrap around services. Your request related to Exhibit A: Approved Opioid Abatement Strategies, Paragraph B, Section 1 “Provide comprehensive wrap-around services to individuals with OUD and any co-occurring SUD/MH conditions, including housing, transportation, education, job placement, job training, or childcare”.

The VCORP Consortium recognizes the value of the services Ignite Idaho provides in the community. The VCORP Consortium also recognizes the impact of SUD and OUD have on children and families in your care. The VCORP Consortium is unaware of any duplication of services related to your request and unanimously approved this letter of support.

Sincerely,

Shelly Hitt, VCORP Project Coordinator

Lyle Nelson, VCORP Steering Committee Member-At-Large

Sylvia Ryan (Oct 17, 2023 16:37 MDT)

Sylvia Ryan, VCORP Steering Committee Prevention Chair

Traci Jamieson, VCORP Steering Committee Recovery Chair  
Abstained due to conflict of interest.

Vacant, VCORP Treatment Chair



**Vision**

We envision a community where all individuals opportunity to thrive, develop resiliency, and live to their full potential.

**Mission**

To mobilize community strengths to improve the physical and mental well-being of youth, and families through innovative initiatives in the West Central Mountains.

**Values**

Collaboration | Compassion | Excellence | Inclusiveness | Adventurousness

February 22, 2024

Re: Opioid Settlement Funds Letter of Support

Sylvia Ryan  
Coach Practitioner  
Anew Life Coaching, LLC

Dear Sylvia,

The Valley County Opioid Response Project (VCORP) Consortium met on February 15, 2024, and reviewed your request for a letter of support for your application to the Valley County Board of Commissioners for a total of \$10,000 in opioid settlement funds. Using the Keep Swimming life coaching program, your request addressed the need to provide life coaching to youth in the juvenile justice system.

In Exhibit A, Anew Life Coaching will address Strategy D: ADDRESS THE NEEDS OF CRIMINAL-JUSTICE-INVOLVED PERSONS. Address the needs of persons with OUD and any co-occurring SUD/MH conditions who are involved in, are at risk of becoming involved in, or are transitioning out of the criminal justice system through evidence-based or evidence-informed programs or strategies that may include, but are not limited to the following: Section 1: Support pre-arrest or pre-arraignment diversions and deflection strategies for persons with OUD and any co-occurring SUD/MH conditions.

The VCORP Consortium recognizes the value of offering a continuum of services in the community and the impact SUD and OUD have on youth and families in the juvenile justice system. The VCORP Consortium is unaware of any duplication of services related to your request and unanimously approved your request for a letter of support.

Sincerely,

Shelly Hitt, VCORP Project Director

Lyle Nelson, VCORP Steering Committee Member-At-Large

Traci Jamieson, VCORP Steering Committee Recovery Chair

Misty Ruska, VCORP Treatment Chair



March 19, 2024

To: Valley County Commissioners

Anew Life Coaching, LLC is requesting Opioid funds to provide Keep Swimming to youth and young adults, 13 years to 25 years in Valley County who are at risk of entering or currently in the Court system.

Every day, there are more than 37,500 juvenile offenders in residential placement in the US, and ~100,000 are released from secure and residential facilities each year. Unfortunately, 55% are rearrested and 24% are reincarcerated within one year of release. In addition, federal support for youth transitioning out of foster care, juvenile detention facilities, and youth who have run away from home or dropped out of school is limited. These youth lack self-efficacy, the skills to navigate life successfully, and the resiliency to recover from difficult situations whether of their own or their environment's making.

Coaching seeks to increase self-efficacy, develop life-skills that will lead to success and grow resiliency as a deterrent to prevent further involvement in the criminal justice system.

**Proposed services provided by the funding request.**

Keep Swimming proposes to reduce risk factors by increasing the interpersonal skills of teens and young adults by using life and leadership coaching tools to help young people increase self-awareness, resiliency, more effectively manage emotions, and better understand and manage their own strengths and weaknesses. Program participants will leave with a better sense of how to be a valued member of their community and the skills to better maintain their own mental health and well-being.

When funds are available, counseling is commonly recommended to prevent entry/re-entry into the justice system. Keep Swimming proposes to employ a forward-looking approach to building critical life skills and promoting self-efficacy through individual coaching. Keep Swimming utilizes ten principles to address and instill the five protective factors, reduce negative chain reactions, and gain self-esteem. This will open opportunities, increase sociability, and lower impulsivity leading to decreased risk-taking.

Keep Swimming also uses the Clifton Strengths Assessment to help clients discover their innate talents, "their naturally recurring pattern of thought, feeling, and behavior." This approach focuses on strengths rather than weaknesses, to cultivate self-awareness and self-regulation. This is a powerful message to individuals who often see themselves as lacking and apart. Clifton Strengths begins with the premise, "What would it look like if we studied what is right with people rather than what is wrong with people?"

Keep Swimming's goal is to make coaching available to all socioeconomic levels, breaking down borders and barriers, increasing access to coaching through government and non-profit organizations. Our hope is the underserved population can experience one of the most well-known attributes of success, life, and leadership coaching. The tools and practices of coaching are evidence based. In our research we have



found that more resources beyond traditional practices are needed for successful prosocial reentry into communities.

The International Coaching Federation (ICF) defines coaching as: “Partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential. The process of coaching often unlocks previously untapped sources of imagination, productivity, and leadership.” A mentor is characterized as someone who is a positive role model who advises and provides individualized help. Counselors are focused on “fixing the past”. Digging into the past to understand feelings, actions, reactions, etc. “Therapists treat mental illnesses. Coaches build mental fitness.” -Madeline Miles at BetterUp. In addition, there is less stigma attached to life coaching than counseling or therapy which can be a barrier to youth getting the help they need.

#### Budget.

<b>Direct Service</b>	<b>Hours</b>	<b>Frequency</b>	<b>Total</b>	<b>Cost</b>
Initial interview and orientation	2	1	2	
Weekly Coaching Session	1	12	12	
Weekly check-ins outside of sessions	0.5	12	6	
Written quarterly progress reports	1	3	3	
Monthly check-ins with the client's family	1	3	3	
<b>Total Hours Per Participant @ \$67</b>			<b>26</b>	<b>\$ 1,742.00</b>
<b>Supplies</b>				
Clifton Strengths Assessment				\$ 63.00
The Coaching Year Planner				\$ 97.00
12-Month Sticker Packet				\$ 10.00
<b>Total Supplies Per Participant</b>				<b>\$ 170.00</b>
<b>Total Cost Per Participant</b>				<b>\$ 1,912.00</b>
<b>Funding Request</b>				
<b>5 Participants at \$1,912.00</b>				<b>\$9,560.00</b>

#### Budget Narrative

- Standard Rate: \$2,786 value  
Non-Profit Rate: \$1,912  
Included in the cost of Keep Swimming is additional time utilized for pre-meeting prep, post-meeting follow-up and weekly check-ins.
- Includes coaching, tools, resources, and materials to build life skills and resiliency.



- Average length is 12-14 weeks beginning with one session per week in the first month and then two times per month thereafter, depending on the needs of the individual.
- Clients receive weekly check-ins outside of sessions.
- The coach will provide quarterly check-ins with their probation officer in partnership with the client.
- Clifton strengths Assessment is used to help clients discover their innate talents, “their naturally recurring pattern of thought, feeling, and behavior.” This approach focuses on strengths rather than weaknesses, to cultivate self-awareness and self-regulation.
- Coaching Year Planner is designed to help clients be more intentional with their time and the people in their lives. It is a place to keep track of goals, achievements, and reflections throughout the year by utilizing the monthly planner, weekly reflections, and other personalized activities.  
This planner was created to put one’s dreams into action by writing them down in a book that is meaningful and impactful to oneself.
- A 12-month sticker packet provided for clients to personalize their Coaching Year Planner.

**How the funds are to be used in Valley County.**

Anew Life Coaching is working with Dee Dee Phillips, Juvenile Probation Officer and Molly Wilson, adult misdemeanor probation officer for Valley County Court Services. The funds will be used to cover 50 – 100% of the cost of the Keep Swimming program at the non-profit rate depending on the individual’s financial situation. Valley County Juvenile and Adult Probation Department will prioritize referrals based on age, need, and coachability but will also take referrals from Ignite Idaho, and the local school districts.

**Identified strategy(s) will be addressed in Exhibit A: Approved Opioid Abatement Strategies.**

Anew Life Coaching will address Strategy D: ADDRESS THE NEEDS OF CRIMINAL-JUSTICE-INVOLVED PERSONS. Address the needs of persons with OUD and any co-occurring SUD/MH conditions who are involved in, are at risk of becoming involved in, or are transitioning out of the criminal justice system through evidence-based or evidence-informed programs or strategies that may include, but are not limited to the following:

Section 1: Support pre-arrest or pre-arraignment diversions and deflection strategies for persons with OUD and any co-occurring SUD/MH conditions.

**Describe how the request will not duplicate existing services.**

Currently Sylvia Ryan, coach practitioner and owner of Anew Life Coaching, is the only life coach in the region that offers this unique Keep Swimming program. Coaching is not a covered service through private insurance or Medicaid. The only way to access life coaching is through self-pay which is a barrier for many youths and families.

Sylvia Ryan is an International Coaching Federation (ICF) Associate Certified Coach (ACC), Executive WeAlign Coach and Strengths Champion Coach.



**Describe the requested services that will collaborate with other community partners.**

Anew Life Coaching will work in collaboration with Valley County Juvenile and Adult Probation Department to help vet clients who would benefit from Keep Swimming. Anew will also coordinate with Ignite Idaho for any needed community resources and or counseling.

Respectfully submitted,

A handwritten signature in black ink that reads "Sylvia M. Ryan". The script is fluid and cursive, with the first letters of each name being capitalized and prominent.

Sylvia M. Ryan, ACC  
Coach Practitioner